

trufm Programme Schedule 2021 /22

Day	Time Channel	Programme	Presenter	Producer
Mon - Fri	01:00 – 03:00	Automation	Automation	
		The Grind	Hlumela Qabo	
	03:00 – 06:00	truMornings	Reggie Solani AJ Maclean	Lwazi Mpofu
	06:00 – 09:00		Lunga Mantakana (Sport)	
		truExperience	Blaq Maci	Phathisa Makhoba
		truNews	SABC News	
	09:00 – 11:30	The Midday Frequency	Makosandile “Boyz” Mpunzi	Current Affairs Team
	11:30 – 12:00	Drive326EC	Silulami “Slujah” Bunu Babalwa Gxowa Luyolo Mkalipi (Sport)	Asive Sotashe Elethu Mtiki
	12:00– 15:00			
	15:00 – 18:00			

Mon - Thurs	18:00 – 18:30	truNews@6 Incoko	SABC News Zizipho Mpopoma	Current Affairs Team
	18:30 – 19:00	Hlalani Kum, Mna ndihlale kuni	Bathandwa “Mam K” Khwatsha	Monwabisi Mbelekane SABC Education Sinegugu Shibase
	19:00 – 22:00	After Hours	Luzuko “Dee Lukes” Ngantweni	
	22:00 – 01:00			
Friday	18:00 – 21:00	The 411 truHits	Anda Nkatu Amanda Mzamane	Dance Specialist Show Local Music Specialist show
	21:00 – 00:00			
Saturday	00:00 – 05:30	Non-Stop Hits Interchange	Automation SABC News	Current Affairs Team
	06:00 – 06:30	The Saturday Showdown	Zizipho Mpopoma Sanele Nongauza (Sport)	
	06:30 – 09:00	trufm Top 30	Reggie Solani	
	09:00 – 12:00	Urban Exchange (Hip Hop Edition)	Makhi “Yahkeem” Fibi	
	12:00 –	The Avenue	Yanga Jaca	

	15:00		Sanele Nongauza (Sport)	
	15:00 – 17:00	truSport The 411	Monwabisi Jimlongo Anda Nkatu	
	17:00 – 18:00	truHits	Amanda Mzamane	
	18:00 – 21:00			
	21:00 – 00:00			
Sunday	00:00 – 06:00	Non Stop Hits	Automation	(inclusive of Children's programming) Nwabisa Msikinya
	06:00 – 09:00	Isingqi SeZulu	Simphiwe Gwana	
		The Nest	Blaq Maci	
	09:00 – 12:00	Urban Exchange	Yanga Jaca	
	12:00 – 15:00	Sunday Cruise	Amanda Mzamane Sanele Nongauza (Sport)	
	15:00 – 17:00	News Review Hlalani Kum, Mna Ndihlale kuni	SABC News Bathandwa "Mam K" Khwatsha	Current Affairs Team

17:00 – 18:00	Up Skill	Leka Gaji	
18:00 – 21:00	After Hours	SABC Education Luzuko “Dee Luks” Ngantweni	SABC Education Team
21:00 – 22:00			
22:00 – 01:00			

trufm can be found on 89.3 – 107.8 FM, via live streaming on www.trufm.co.za and on DSTV channel 816.

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